

You probably see and hear a lot about alcohol—from TV, movies, music, and your friends. But what are the real facts about underage alcohol use? Inside are some common myths—and sobering facts—about alcohol use:

Do you think you or a friend has an alcohol problem?

Don't wait—get help. Talk to a parent, doctor, teacher, or anyone you trust. For information and referrals, contact SAMHSA's Health Information Network at 877-SAMHSA-7 (877-726-4727) (TDD 800-487-4889; línea gratis en español 877-767-8432).

Also, check out the "Youth" sections of the Federal portal of underage drinking prevention resources at www.stopalcoholabuse.gov and the Too Smart to Start site at <http://toosmarttostart.samhsa.gov>.



Underage Drinking Myths vs. Facts